

ABOUT THE CAMP

The Jumpers World Jumps Camp is offered as four single day sessions intended for fifth grade through High School athletes looking to enhance their understanding of the horizontal jumping disciplines. Specifically, this clinic will provide information in the following areas:

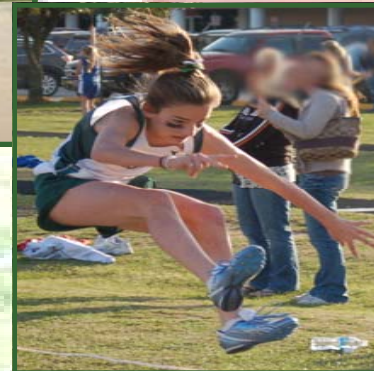
- Warm-up Activities
- Sport Psychology
- Horizontal Event Techniques
- Running Mechanics
- Speed and Power Development

When: Tuesday—Friday, July 6 thru July 09, 2010
Where: The Woodlands High School; 6101 Research Forest Drive, The Woodlands, Texas 77386
Cost: \$75 per Camper

Facilitator

Shawn Hamilton—Coach Hamilton has been at The Woodlands High School for 14 years. He has been the Horizontals/Sprint coach for 13 of the 14 years. Coach Hamilton has had lots of success in the horizontal jumps as his jumpers are recruited by all levels of colleges and universities. Coach Hamilton stresses the fundamentals because “without a proper base, you can not have a ‘sturdy’ building.” Coach Hamilton is a Level II USATF certified coach.

College athletes will be assisting with demonstrations.



TRACK AND FIELD CAMP

Jumpers World 2010 Horizontal Jumpers Camp (Long and Triple Jump)

**TUESDAY, JULY 6 THRU
FRIDAY JULY 09, 2010
6:00 PM—7:00 PM**

**The Woodlands High School Track
(subject to change)**

**ATTENDEES MUST HAVE A PRIMARY
INSURANCE PROVIDER**

For More Information Contact:
Shawn Hamilton
6101 Research Forest Drive
The Woodlands, Texas 77386
281-702-5152

Mail Payments to:
Shawn Hamilton
6101 Research Forest Drive
The Woodlands, Texas 77381

Phone: 281-702-5152
E-mail: sherich_usa@yahoo.com



JUMPERS WORLD LONG AND TRIPLE JUMP SUMMER CAMP 2010

Conroe Independent School

District

2010 Camps / League Waiver

In order for your child to be able to participate in the 2010 camp/league activities, it is necessary for you to sign this statement, indicating your understanding that the district does NOT carry insurance covering injuries your child may sustain.

By my signature, I am informing Conroe Independent School District that I understand that the district is not responsible for any accident or payments resulting from such accident.

In the event of injury to our child, we recognize that the Conroe Independent School District, its Board of Trustees, its agents and its employees are in no way liable for injuries, medical expense or damage and will have no insurance covering our child. We have made the choice on behalf of our child without any interference from anyone serving or employed by the Conroe Independent School District.

Dated this _____ Day of _____ 2010

Guardian's Signature

LIABILITY

In the event of an emergency situation, I hereby authorize Dan Green Camps Staff to obtain medical attention for my child. I hereby waive and release both Dan Green Camps Staff and the Conroe Independent School District from any and all liability for injury and/or illness that might occur while participating in this camp. I understand as an active participant in track & field and/or cross country an accident of injury may occur.

Child Name (print)

Parent Name (print)

Parent Signature

Emergency Contact Name

Emergency Phone Number

Physicians Name

Physician Phone Number

Hospital Preference

Please list any medical conditions that we should be aware of: _____

I, the parent and/or guardian of _____ hereby give approval for my child to participate in all Dan Green/Jumpers World camp activities. I assume all risks and hazards incidental to such participation including the transportation to and from activities; and do hereby waive, release absolve, identify and agree to hold harmless the Dan Green Summer Camp and the organizers, sponsors, supervisors, participants, volunteers and persons for any claim arising out of injury to my child.

Note: Please Only one application per athlete

Sign-Up Form Title

Sign up for:

Horizontal Jumps Camp

Price

\$60.00 per athlete

Subtotal: _____

Total: _____

Name

Address

Phone

Method of Payment

Check

Cash

Make Check Payable to:

Shawn Hamilton

Signature

Tuesday, July 6 thru Friday July 09, 2010
6:00 pm—7:00 pm

Mail Payments to:
Shawn Hamilton
6101 Research Forest Drive
The Woodlands, Texas
77381

Phone: 281-702-5152
E-mail:
sherich_usa@yahoo.com

or
Bring payment on the first
day of camp